

A PORTRAIT OF

# NEW YORK CITY 2018

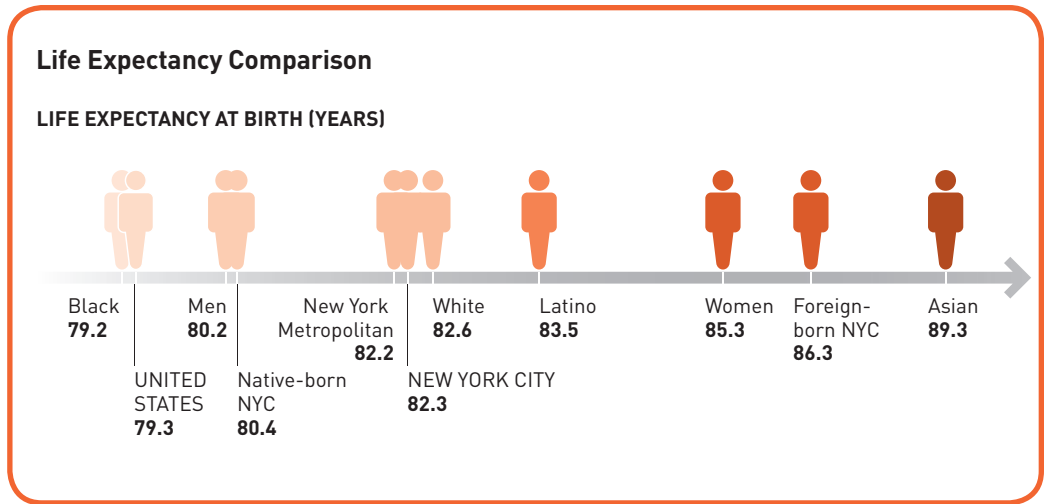
WELL-BEING IN THE FIVE BOROUGHS AND THE GREATER METRO AREA



## HEALTH IN THE NYC METRO AREA

Consider this fact: A baby born today to a family living on the Upper East Side can expect to live nearly fourteen years longer than a baby born today to a family living in Southwest Newark.

Within the New York metro area, the American Human Development Index score is markedly higher than that of the United States overall—6.32 compared to 5.17. American Human Development Index scores measure health, education, and income, meaning that people living in the New York metro area have longer lives, more education, and higher earnings than average. However, this high score masks the significant variation that exists by race and place.



*A Portrait of New York City* analyzes the health of people living in the New York metro area. The average life expectancy for the New York metro area is 82.2, almost three years longer than the overall US average. However, this number varies greatly depending on certain factors. The two categories of concern are demographic group (women and men; major racial and ethnic groups; US- and foreign-born residents) and geography (170 public use microdata areas, or PUMAs, as defined by the US Census Bureau). Calculating the difference in life expectancy between the longest- and shortest-living groups reveals an astonishing gap.

The racial and ethnic categories featured in this report are Asian, black, Latino, and white, as defined by the White House Office of Management and Budget. Though they are incredibly broad categories, the persistent disparities between the groups demonstrate that race and ethnicity are important lenses through which to assess health and well-being. In addition, geography and demographic groupings are not unrelated, as residential segregation restricts resources for minorities, often negatively affecting their health and well-being.

## STRIKING FINDINGS IN HEALTH FROM A PORTRAIT OF NEW YORK CITY

- The overall Asian life expectancy is the highest for any group, 86.6 years on average. An Asian woman born today can expect to see her ninetieth birthday in 2108.
- The well-being gap between black men and women is the largest of any group, due mainly to differences in life expectancy; black women live nearly six years longer than their male counterparts.
- Latino metro area residents have the lowest American Human Development Index score of all major racial and ethnic groups, 4.83, but they also have a higher-than-average life expectancy.
- Measure of America ranked all 170 metro area PUMAs by life expectancy. Nine of the top ten are in the State of New York. The top spot goes to Southeast Westchester County, with a life expectancy of an astonishing 90.4 years. Four New Jersey PUMAs are among the bottom ten: Jersey City (78.1), East Orange (78.0), Trenton (77.1), and Southwest Newark (73.3).

### Top- and Bottom-Scoring Areas by Life Expectancy

RANK	PUMA NAME	LIFE EXPECTANCY AT BIRTH (YEARS)
<b>TOP 10</b>		
1	NY: Westchester County (Southeast)	90.4
2	NY: NYC-Queens Community District 11-Bayside, Douglaston & Little Neck	89.6
3	NY: Westchester County (Northeast)	89.4
4	NY: NYC-Queens Community District 13-Queens Village, Cambria Heights/Rosedale	89.0
5	NY: Nassau County (Northwest)-North Hempstead Town (North)	88.3
6	NY: NYC-Manhattan Community District 6-Murray Hill, Gramercy & Stuyvesant Town	87.0
7	NJ: Bergen County (Southeast)-Fort Lee, Cliffs Park & Palisades Park Boroughs	86.6
8	NY: Westchester County (Central)-White Plains	86.6
9	NY: NYC-Queens Community District 7-Flushing, Murray Hill & Whitestone	86.5
10	NY: NYC-Manhattan Community District 8-Upper East Side	86.4
<b>BOTTOM 10</b>		
161	CT: New Haven	78.4
162	NY: NYC-Manhattan Community District 11-East Harlem	78.3
163	NJ: Hudson County (Central)-Jersey City (South)	78.1
164	NJ: Essex County (South Central)-East Orange	78.0
165	NY: NYC-Manhattan Community District 10-Central Harlem	78.0
166	CT: Waterbury	77.8
167	NY: NYC-Bronx Community District 3 & 6-Belmont, Crotona Park East & East Tremont	77.6
168	NJ: Mercer County (West Central)-Trenton	77.1
169	NY: NYC-Brooklyn Community District 16-Brownsville & Ocean Hill	76.7
170	NJ: Essex County (Southeast)-Newark (Southwest)	73.3

Source: Measure of America calculations using mortality data from the Connecticut Department of Public Health, NJ Department of Health, New York State Department of Health, and the New York City Department of Health and Mental Hygiene and population data from CDC Wonder and the US Census Bureau, 2010-2014.

Click [here](#) to read *A Portrait of New York City 2018*. For more information, visit [www.measureofamerica.org](http://www.measureofamerica.org).