

# The best revenge? Outliving your congressman

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If it makes you feel any better, recent research suggests you may outlive your congressman.

Although the 113th Congress is the most diverse group of representatives in history, it remains overwhelmingly more likely to be male, white and older than America at large.

Despite their health care plans and gym memberships, Measure of America's "State of the Congress" research found that members of Congress have a shorter life expectancy than Americans in general. Members of Congress have a life expectancy of 77.3 years while the public's life expectancy is 78.9 years.

Measure of America explains it this way:

"The disproportionate number of men (women live longer) and dearth of Asian Americans and Latinos in the 113th Congress pull down the average Congressional life span."

For more, click [here](#).

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